



*We Train The Brain®*

## Visual and Auditory Association Memory

### Room List

To perform these two exercises, the Patient will need to develop a “room list” which involves picking four rooms in the patient’s house (that are labeled Room 1, Room 2, Room 3 and Room 4) then identifying and “mentally visualizing” five objects in each room **that can be recalled in sequence**, as if looking around the room from **left to right**. To complete all the training levels, the patient must memorize and recall this list of 20 objects, visualizing them in sequence in their mind, starting with the first room, then the second room, etc. The Support Trainer should refer to this list for reference when performing these series of exercises.

<b>Room 1</b> _____	<b>Room 3</b> _____
(1) Item 1 _____	(11) Item 1 _____
(2) Item 2 _____	(12) Item 2 _____
(3) Item 3 _____	(13) Item 3 _____
(4) Item 4 _____	(14) Item 4 _____
(5) Item 5 _____	(15) Item 5 _____
<b>Room 2</b> _____	<b>Room 4</b> _____
(6) Item 1 _____	(16) Item 1 _____
(7) Item 2 _____	(17) Item 2 _____
(8) Item 3 _____	(18) Item 3 _____
(9) Item 4 _____	(19) Item 4 _____
(10) Item 5 _____	(20) Item 5 _____