

Brain Power Adaptive Functioning Inventory

Patient Name: _____ Rater Name: _____ Date: _____

Person reporting (Circle One): Single Professional Professional Consensus Patient Significant Other: _____

Below each item, provide the rating that best describes the level at which the person being evaluated experiences problems. Mark the greatest level of problem that is appropriate. Problems that interfere rarely with daily activities or academic/vocational functioning, that is, less than 5% of the time, should be considered not to interfere. If you are unable to evaluate a certain area, merely indicate that you "don't know." Write comments about specific items at the end of the rating scale.

0	1	2	3	4	5
Don't Know	None	Mild problems but does <u>not</u> interfere with activities, may use assistive device or medication.	Mild problem; interferes with activities 5-24% of the time.	Moderate problem; interferes with activities 25-75% of the time.	Severe problems; interferes with activities more than 75% of the time.

Part A. Physical and Mental Abilities

Motor

1. Mobility: Problems walking or moving; balance problems that interfere with moving about.

Pre-treatment rating _____ Post-treatment rating _____

2. Use of hands: Impaired strength coordination in one or both hands.

Pre-treatment rating _____ Post-treatment rating _____

3. Handwriting/Drawing: Sloppy handwriting or difficulty reproducing simple designs.

Pre-treatment rating _____ Post-treatment rating _____

4. Eye/Hand Coordination: Difficulty catching a ball or performing similar tasks.

Pre-treatment rating _____ Post-treatment rating _____

Visual Processing

5. Vision: Problems seeing; double vision; i.e., brain, or nerve injuries that interfere with seeing.

Pre-treatment rating _____ Post-treatment rating _____

6. Visual Perception: Difficulty with accurate identification of letters, numbers or objects.

Pre-treatment rating _____ Post-treatment rating _____

7. Visual Processing Speed: Slow (but accurate) identification or perception; slow reading speed (not due to problems with phonics or language processing).

Pre-treatment rating _____ Post-treatment rating _____

8. Visuospatial Abilities: Problems drawing (not due to motor problems), assembling things, route-finding, being visually aware on both the left and right sides.

Pre-treatment rating _____ Post-treatment rating _____

Auditory Processing

10. Hearing: Problems hearing; ringing in the ears.

Pre-treatment rating _____ Post-treatment rating _____

11. Perception of Speech: Problems correctly identifying words.

Pre-treatment rating _____ Post-treatment rating _____

12. Perception of Rhythm and Pitch: Problems singing on key or keeping the correct tempo (i.e. clapping with the beat).

Pre-treatment rating _____ Post-treatment rating _____

13. Auditory Processing Speed: Slow (but accurate) identification of words, melody or rhythm.

Pre-treatment rating _____ Post-treatment rating _____

Verbal Communication

14. Motor Speech: Abnormal clearness or rate of speech; stuttering.

Pre-treatment rating _____ Post-treatment rating _____

15. Problems expressing thoughts: Problems with word finding or organizing verbal expression.

Pre-treatment rating _____ Post-treatment rating _____

16. Problems understanding language: Problems understanding what others are saying.

Pre-treatment rating _____ Post-treatment rating _____

Other Cognitive Skills

17. Nonverbal Communication: Restricted or unusual gestures or facial expressions; talking too much or not enough; missing nonverbal cues from others.

Pre-treatment rating _____ Post-treatment rating _____

18. Attention/Concentration: Problems ignoring distractions, shifting attention, keeping more than one thing in mind at a time (if not corrected with medication).

Pre-treatment rating _____ Post-treatment rating _____

19. Novel Problem Solving: Problems thinking up solutions or picking the best solution to new problems.

Pre-treatment rating _____ Post-treatment rating _____

0 Don't Know	1 None	2 Mild problems but does not interfere with activities, may use assistive device or medication.	3 Mild problem; interferes with activities 5-24% of the time.	4 Moderate problem; interferes with activities 25-75% of the time.	5 Severe problems; interferes with activities more than 75% of the time.
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20. Planning and Organization: Difficulty with planning, sequencing and organizing activities, materials or environment.

Pre-treatment rating _____ Post-treatment rating _____

21. Memory: Problems learning and recalling new information.

Pre-treatment rating _____ Post-treatment rating _____

22. Fund of Information: Problems remembering old information learned in school or on the job; difficulty remembering information about self and family from years ago.

Pre-treatment rating _____ Post-treatment rating _____

Part B. Academic Skills

Reading

23. Mastery of phonics for reading: Difficulty sounding out words (not due to misperception of letters).

Pre-treatment rating _____ Post-treatment rating _____

24. Reading Fluency: Slow reading speed due to slow visual processing (not due to problems with phonics).

Pre-treatment rating _____ Post-treatment rating _____

25. Reading comprehension: Poor comprehension of reading material (not due to memory problems).

Pre-treatment rating _____ Post-treatment rating _____

Spelling

26. Spelling: Problems spelling words correctly; misspelled words are phonetically correct.

Pre-treatment rating _____ Post-treatment rating _____

27. Mastery of phonics for spelling: Misspelled words contain incorrect or missing letters/sounds, and are not phonetically correct.

Pre-treatment rating _____ Post-treatment rating _____

Math

28. Numerical concepts: Problems understanding the numerical value of written numbers or the numerical relationship/value between two numbers.

Pre-treatment rating _____ Post-treatment rating _____

29. Basic operations: Problems understanding how to perform basic operations (addition and subtraction).

Pre-treatment rating _____ Post-treatment rating _____

30. Multiplication tables: Problems memorizing the multiplication tables.

Pre-treatment rating _____ Post-treatment rating _____

31. Multi-step operations: Difficulty completing problems that require multiple steps.

Pre-treatment rating _____ Post-treatment rating _____

Part C. Adjustment

32. Anxiety: Tense, nervous, worry, fearful, phobias, nightmares, flashbacks of stressful events, obsessions, compulsive behavior.

Pre-treatment rating _____ Post-treatment rating _____

33. Depression: Sad, blue, hopeless, poor motivation, loss of enjoyment in activities, isolation from others.

Pre-treatment rating _____ Post-treatment rating _____

34. Irritability, anger, aggression: Poor frustration tolerance; inappropriate or poorly regulated verbal or physical expressions of anger.

Pre-treatment rating _____ Post-treatment rating _____

35. Inappropriate social interactions: Acting immature, silly, rude, behavior not fitting for time and place.

Pre-treatment rating _____ Post-treatment rating _____

36. Poor self-esteem: Feelings of inadequacy, self-criticism.

Pre-treatment rating _____ Post-treatment rating _____

37. Impaired self awareness: Lack of recognition of personal limitations and disabilities, and how they interfere with everyday activities and work or school.

Pre-treatment rating _____ Post-treatment rating _____

38. Impaired awareness of others: Lack of awareness of how behavior affects others or the feelings of others.

Pre-treatment rating _____ Post-treatment rating _____

39. Oppositional/Defiant Behavior: Negativistic, hostile, argumentative or defiant behavior.

Pre-treatment rating _____ Post-treatment rating _____

Use the following scales to rate the next items.

41. Family/significant relationships: Interactions with close others; describe stress within the family or those closest to the person receiving treatment; “family functioning” means cooperating to accomplish those tasks that need to be done to keep the household running.

Pre-treatment rating _____ Post-treatment rating _____

0 Don't Know	1 Normal stress within the family or other close network of relationships	2 Mild stress that does not interfere with family functioning.	3 Mild stress that interferes with family functioning 5-24% of the time.	4 Moderate stress that interferes with family functioning 25-75% of the time.	5 Severe stress that interferes with family functioning more than 75% of the time.
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Part D. Pre-existing and associated conditions

42. Alcohol use: Use of alcoholic beverages.

Pre-treatment rating _____ Post-treatment rating _____

0 Don't Know	1 No or socially acceptable use.	2 Occasionally exceeds socially acceptable use, but does not interfere with everyday functioning; current problem under treatment or in remission.	3 Frequent excessive use that occasionally interferes with everyday functioning; possible dependence.	4 User dependence interferes with everyday functioning; additional treatment recommended.	5 Inpatient or residential treatment required.
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43. Drug use: Use of illegal drugs or abuse of prescription drugs.

Pre-treatment rating _____ Post-treatment rating _____

0 Don't Know	1 No or occasional use.	2 Occasional use it does not interfere with everyday functioning; current problem under treatment or inward mission.	3 Frequent use that occasionally interferes with everyday functioning; possible dependence.	4 Use or dependence interferes with everyday functioning; additional treatment recommended.	5 Inpatient or residential treatment required.
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44. Psychotic symptoms: Hallucinations, delusions, other persistence severely distorted perceptions of reality.

Pre-treatment rating _____ Post-treatment rating _____

0 Don't Know	1 None.	2 Current problem under treatment or in remission; symptoms do not interfere with everyday functioning.	3 Symptoms occasionally interfere with everyday functioning but no additional evaluation or treatment recommended.	4 Symptoms interfere with everyday functioning; additional treatment recommended.	5 Inpatient or residential treatment required.
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45. Major Depressive Disorder: Periods of mild to severe depression which occur independent of external stressors.

Pre-treatment rating _____ Post-treatment rating _____

0 Don't Know	1 None.	2 Current problem under treatment or in remission; symptoms do not interfere with everyday functioning.	3 Symptoms occasionally interfere with everyday functioning but no additional evaluation or treatment recommended.	4 Symptoms interfere with everyday functioning; additional treatment recommended.	5 Inpatient or residential treatment required.
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46. Bipolar Disorder: Periods of mild to severe depression and mild to severe elevated (hypomanic/manic) mood which occur independent of external stressors.

Pre-treatment rating _____ Post-treatment rating _____

0 Don't Know	1 None.	2 Current problem under treatment or in remission; symptoms do not interfere with everyday functioning.	3 Symptoms occasionally interfere with everyday functioning but no additional evaluation or treatment recommended.	4 Symptoms interfere with everyday functioning; additional treatment recommended.	5 Inpatient or residential treatment required.
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47. Anxiety Disorder: Problems with generalized anxiety (chronic tension, apprehension and worry), obsessive-compulsive disorder, panic disorder, posttraumatic stress disorder, or other anxiety related disorders.

Pre-treatment rating _____ Post-treatment rating _____

0 Don't Know	1 None.	2 Current problem under treatment or in remission; symptoms do not interfere with everyday functioning.	3 Symptoms occasionally interfere with everyday functioning but no additional evaluation or treatment recommended.	4 Symptoms interfere with everyday functioning; additional treatment recommended.	5 Inpatient or residential treatment required.
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48. Behavioral Disorder (Children only): Oppositional and defiant behavior with authority figures at home and/or school; aggressive behavior, destruction of property, deceitfulness or theft.

Pre-treatment rating _____ Post-treatment rating _____

0 Don't Know	1 None.	2 Current problem under treatment or in remission; symptoms do not interfere with everyday functioning.	3 Symptoms occasionally interfere with everyday functioning but no additional evaluation or treatment recommended.	4 Symptoms interfere with everyday functioning; additional treatment recommended.	5 Inpatient or residential treatment required.
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49. Law violations: History of conviction as a juvenile or adult.

Pre-treatment rating _____ Post-treatment rating _____

0 Don't Know	1 None or minor traffic violations only.	2 Conviction on one or two misdemeanors other than minor traffic violations.	3 History of more than two misdemeanors other than minor traffic violations.	4 Single felony conviction.	4 Repeat felony convictions.
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50. Other condition causing physical impairment: Physical disability due to medical conditions such as a brain injury, spinal cord injury, amputation, etc.

Pre-treatment rating _____ Post-treatment rating _____

0 Don't Know	1 None	2 Mild problems but does <u>not</u> interfere with activities, may use assistive device or medication.	3 Mild problem; interferes with activities 5-24% of the time.	4 Moderate problem; interferes with activities 25-75% of the time.	5 Severe problems; interferes with activities more than 75% of the time.
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51. Other condition causing cognitive impairment: Cognitive impairment due to non-psychiatric medical conditions such as a brain injury, dementia, or stroke.

Pre-treatment rating _____ Post-treatment rating _____

0 Don't Know	1 None	2 Mild problems but does <u>not</u> interfere with activities, may use assistive device or medication.	3 Mild problem; interferes with activities 5-24% of the time.	4 Moderate problem; interferes with activities 25-75% of the time.	5 Severe problems; interferes with activities more than 75% of the time.
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Item # Comment

*Portions adapted from the Mayo-Portland Adaptability Inventory-4